

## Snellville Parks & Recreation Active Adults 50+

# SPOTLIGHT





The first day to call & sign up for programs, events and trips from this newsletter is <u>9am on Thurs, March 6th</u>

# April howers

#### *The Aurora Theater Presents:* Wed, Mar 26 at 9am

Cost: \$35pp



This one will keep you laughing! Ralph, a young classics professor at a prestigious university finds a longlost manuscript by Euripides, only for it to get lost. In desperation, they call out to the Greek Gods for help and low and behold, they actually appear!

Meet us at the theatre and after the show we will walk to lunch (on your own) in downtown Lawrenceville.

Call on Thursday, March 6th to Sign Up!



# ??? "<u>Mystery Trip</u>"???

Tugs, April 22 at 9:30am Cost: \$70 pp

(Price includes, entry fee, big lunch & bus)

Riddle me this and riddle me that! Here is your clue! Can you guess!...Cagles soar above low, flat land over water and their landing is smooth at times! At Lunch, you will be enjoying a setting of Southern Charm from

a time long gone by! Don't hesitate on this one! We look to see you on board the bus!

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Make 2 payments. Sign up on March 6th



## <u>\*\*Starlets of Snellville\*\*</u>

#### Presents "Active Adults Got Talent"

Are you interested in sharing your talent at the 4th Annual Talent Showcase which will be held on Friday, September 19. All talents are welcome (singers, dancers, musicians, comedians, poets, martial arts, Magicians, etc.)

We would love to hear from you!

If interested, please contact Angela Thomas, our line dance instructor, at angie090857@gmail.com or call 404-218-1852.

Sign up sheet will be at the center's front desk.

Note: In order to participate in any trips/events, all rules must be followed. (Posted in the newsletter & at the center) Thanks

### Tanger Outlets/Buckner's Fri, April 11th at 8:30am Cost: \$60 pp (includes bus & lunch)

Ladies, you know what we love to do! Let's go shopping! Whether you window shop or pick yourself up a "just because you deserve it" gift, the fellowship will be nice! Eat a big breakfast because After the outlet, we will enjoy a late lunch at the Famous



<u>"All you can eat"</u> Buckner's Family Restaurant (lunch, dessert and beverage included)! Make 2 payments! Call on Thursday, March 6th

# <u>Saltvílle Cave &</u> <u>Holístíc Learníng</u>



Tues, Apríl 15th, 1pm \$10pp

Experience the benefits of a Himalayan Salt Cave, ways to detox your body, learn how to naturally reduce inflammation and more.



Part of this experience will be offsite and part onsite!

Call Thurs, March 6th to Sign Up

Please read the entire newsletter/calendar for changes!

\*\*All payments are due within 3 days of signing up for events/trips. After the 3rd day, your name goes on the wait list.

Please note: No payments accepted on Sign Up Day!

\*\*If you would like to OPT IN for reminder texts rather than to receive a phone call, contact the front desk at 770-985-3580 or email Michele at mgreham@snellville.org with your preferred cell number and name of your phone carrier and we will update your profile.

\*\*For events/trips placement, we go by the time you call or leave a message. All walk-ins are counted from when you reach the front desk and not from the time you arrive at the center.

\*\*Please read info on last page on events, day and overnight trips.



# **CLASSES, ACTIVITIES & MORE**



Check the calendar for detailed room, location and other possible changes!



Mon, Mar 10th & Apr 14th 1:00 pm - 3:00 pm (with Jean C.) \$5 per class includes materials. Sign up each newsletter! Limited to 12 members/class.

### Hi-Lo's of Snellville

This is a singing group that is full of life and gives back to the community! They practice on Mon at 1pm (Mar 3, 17 & Apr 7, 21)

Come learn a fun little song & enjoy!

### 🖤 🖗 🖶 <u>Beginner Sign Language</u>

It's Back on Thursdays @ 1:00 pm

#### Book Club 1x/mo at 11

Join us Fri, Mar 14th & Apr 11th

Books: "Becoming: Michelle Obama"-March "The Henna Artist: Alka Josh" - April.

#### **Devotional Study Group**

2nd & 4th Tues-1pm with Rhonda

Listen, Enjoy, Share, Learn and fellowship! Mar 11th, 25th & Apr 8th, 22th

PINOCHLE-Mondays @ 9:30am

Mar 3, 10, 17, 24, 31 & Apr 7, 14, 21, 28 Fun to play, learn and meet a new friend!

LINE DANCING with Angela Weds, Mar 5, 12, 19, 26 & Apr 2, 9, 16, 23, 30 1pm-Beginners & 2:30-Advanced Cost \$5.00/class. Pay instructor

This class offers so much fun and excitement! Old & new dances! Just come and enjoy!



**Fun with Paints** 

This class will be similar to paint & sip!

It will be a step by step process. Come for the fun! See picture display!

1p-Mon, Apr 28 Sign up! Bring a snack!

## **Royal Hatters-1pm**

Thursday-Mar 6th & Apr 3rd A Fun-filled group that's all about, fellowship, friendship & sisterhood!



**New Membership** closed for now.

Game Day Group @ 1pm

This group will play various games such as Rummikub, Dominos and card games like Phase 10 & more! Come enjoy and learn new games!

Fri, Mar 14, 21, 28 Fri, Apr 11, 18, 25

**Card Sharks & More!** Spades, Hearts, Bid Whist, etc. Never played? We teach!!! 1 pm...1st Tues, 2nd & 3rd Fri Mar 4, 14, 21 & Apr 1, 11, 18



Piano Lessons-\$5/class All levels are welcome! Classes on every Wednesday!

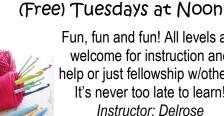
You must pay monthly!

Call the Front desk for availability! Instructor: Sherry

Quilting Classes will start back in Mid2025 due to unforeseen circumstances. Look for day, time & cost soon!

\*Needed a Computer/ cellphone Instructor!\*

"YOUR Expectancy determines YOUR outcome in Life! -Deepak Chopra



Fun, fun and fun! All levels are welcome for instruction and help or just fellowship w/others! It's never too late to learn! Instructor: Delrose

CROCHET & KNITTING CLASS

Pay Instructor each class-Started 9/5 Tues & Thurs (Sept-May) 9:15-10:15-Spanish One- Both days Spanish with Luis \$5/class (Sept-May) Beginners-Mon & Fri 10:20-11:20 Intermediate-Thursdays 9:15-10:15 Conversational-Thursdays 10:20-11:20

Beginners-Weds 6pm (via Zoom)

SPANISH with ISABEL-\$5

## **BINGO**

1st Friday of each month 1pm...Mar 7th & Apr 4th



Sponsored by "Benton House-Grayson"

Such FUN! Bring a snack to Share!

### Chess Anyone!!

All are welcome from beginners to advanced players! Come out for fellowship and learn! Bring a chess set if you have one!

Mar 25, 28...Apr 22, 25 (1-3pm/Tues & Fri) Bring a snack to share & join the FUN!



To all who will celebrate a birthday in March/April

Enjoy

YOUR







# EXERCISE THE MIND, BODY & SOUL



#### Check the calendar for detailed room, location and other possible changes!

#### "Exercise Aerobics"-FREE

#### Mondays & Thursdays

Exercise the pounds away! 9:15am (Peg) & 10:15am (Jane)

Classes are full! Go to only one please!

#### New Class..."Stretch & Strength"-Staci

## \$5/class-Weds 9:15am–Pay Instructor

Learn the proper way to stretch your body as you strengthen your muscles! Much Needed!

#### "Twist & Tone" w/Jane

#### \$5/class-Weds 10:00am-Pay Instructor

Toning to the beat in this fun impact class! Just watch the inches fade away!

#### <u>Tennis at Briscoe Park</u>

If you are interested in learning how to play tennis, Advantage Evans Tennis is offered at Briscoe Park. Contact Anthony at 470-417-4547 or check web at <u>www.aetennis.com</u> for details! Join the great exercise and fun!





#### "Exercise Room Training"

Members must be trained on the equipment prior to utilizing. Wednesdays <u>Mar 12, 26 & Apr 09, 23</u> 12:15, 12:30 or 12:45 <u>Must Sign up for a slot (3 max)</u>

#### Billiards/Pool Room

Come play a game of pool and meet some new friends! It's lots of FUN!



Let it ALL go & enjoy some mental relaxation and meditation! **Woosah! Tuesdays at 10am-pay instructor!** 

#### "SOLE BUSTERS Walk Group"

Walking is so relaxing! Join us on Weds at 9am



#### "Blood Pressure Checks"

2nd Thursdays at 10am Mar 13th & Apr 10th



Here at the Center and provided by: Benton House Senior Living

#### "Coffee Talk-McDonalds in Grayson"

Thursdays at 8:30am Come and enjoy the socialization! Joann Fuller at 470-469-1862



## "Keenager Bowling"

Mondays at 10am Cost: \$9 Stars and Strikes Bowling-Loganville Mary Ann Snyder 559-375-6214



## **EXPLORE MORE.... FUN EVENTS**

## What's Happening At Briscoe Park

The park offers a variety of Programs for all Ages <u>Adult & Youth Sports</u>-www.quickscores.com/Snellville (Basketball: 8U, 10U, 12U also offering Kickball & Tennis)

Generals Athletic Club (For Youth)-www.gac-sports.org <u>National Youth Flag Football-</u>falconsflagfootball.com <u>All-In FC (Youth Soccer)</u>-www.allinfc.com Jazzercise (M, W, Thurs 5-6pm); Martial Arts (Tues 6-7pm)



Adult Pickleball at Snellville Community Church (Matthew McLendon 678-430-6019)

<u>Family Fun Day, 11-3pm, Sat, March 29th</u> <u>Spring Cool Car Show, 11am, Sat, Apr 26th</u>

Call the Park office at 770-985-3535 for room rentals & more Check Facebook: <u>www.Facebook.com/SnellvilleParks</u> and Website: <u>www.snellville.org/parks-recreation for more info!</u>

#### <u>WHAT'S HAPPENING ON</u> <u>"THE TOWNE GREEN"</u> www.SnellvilleEvents.com



Check the above website for calendar of events such as Concerts on the Greene & other happenings!

#### <u>Snellville</u> <u>Farmer's Market</u>



October-May (1st & 3rd Sat only 9-12) June-Sept (every Saturday 8:30-12:30) Come out and enjoy some fresh fruits, vegetables & other homemade items!





#### Snellville Parks & Recreation Active Adult Center

2350 Oak Road Snellville, GA 30078

Phone: 770-985-3580 Fax: 770-985-3583

#### Director:

Kathi Gargiulo kgargiulo@snellville.org

#### **Program Coordinator**

Tracey Mason Glass tglass@snellville.org

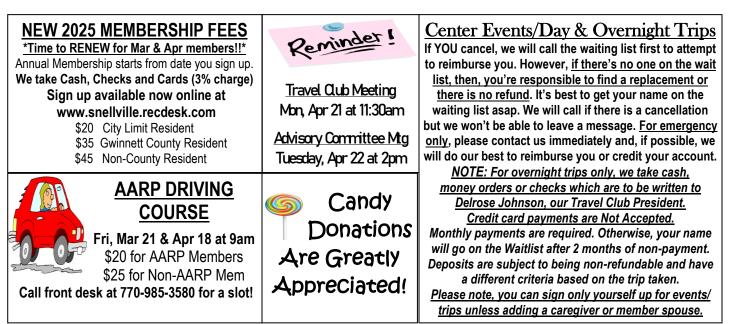
Program Assistants II Michele Gresham mgresham@snellville.org

Elizabeth Weaver eweaver@snellville.org



Check out our <u>FACEBOOK</u> page for updates that may not make it into the newsletter! <u>Www.facebook.com/snellvillescactiveadults/</u>

Website: www.snellville.org (click on Community then Senior Center/Parks & Rec)



Some of these groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

TIME

GROUP TELEPHONE PIONEERS BRIDGE CANASTA COFFEE TALK KEENAGERS - BOWLING ANYTIME STITCHIN'

#### MEETING DAY

3rd Tuesday9:30amThursdays12:00-4:00Mondays12:00-4:00Thursdays-McDonald's Grayson8:30amMondays-Stars&Strikes Lgnvile10:00amWednesdays10am-4pm

#### **CONTACT**

Thomas McDugald Susan Pajari Debbie Parrish Joanne Fuller Mary Ann Snyder Brenda DeBord

#### CONTACT #

(770) 938-6075 (678) 656-3248 (404) 372-7406 (470) 469-1862 (559) 375-6214 Social Quilt Group