

THE SNELLVILLE May June SPOTLIGHT 2019

Please sign yourself up for trips, and classes from this newsletter edition beginning Wednesday, May 1st





This beautiful site is 220 acres of estate gardens! There are 16 garden venues, with four featured gardens-Japanese, Manor House, Water Lily and Daffodil. Afterwards, we will enjoy, lunch on your own, at Fuego Mexican Grill! Wear your walking shoes or pay onsite and ride the tram for an additional \$5.

LIFE CARE/ GARDEN PLAZA/THE BRIDGE **3 VISITS IN ONE TRIP!**



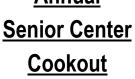
46th Annual Snellville Days Festival Sat & Sun May 4th & 5th **Briscoe Park**

Save the date! It is a family event full of fun! Tell all your family and friends! There is a kids zone, Robocars, trick dogs, Jurassic kingdom, chain saw artist and lots more!

> Volunteers are needed! Sign up at the front desk!



11am Cost: \$5 pp



July 10th, Noon-3pm Free...Spaces limited! Sign up by Fri, June 28th

Eastside Medical Stroke Awareness Lunch and Learn Tuesday, May 21st 10:30am-2:00pm Cost: \$5pp astside

Come join the clinical team at Eastside Medical Center for a lunch and learn. Stroke is the leading cause of disability for Americans. Someone in the USA has a stroke every 40 seconds. Find out about the signs and symptoms to be aware and how to act fast to saves lives. This will fill up quickly. Call or sign up!

Mystery Trip Wed, June 5th



Time: 9am-4pm Cost: \$15 pp

Shhhh! This trip is a secret! This trip will be a learning adventure of a place we see every day! We'll go behind the scene to learn what makes one of America's favorite spots so popular!

Hint: Miss this trip and you will have egg on your face! Wear comfortable shoes...lots of walking! Lunch on your own at a special location! Call or sign up at the desk. Hurry, this trip will go fast!

WSB Television Tour

Tues, June 18th 9am-4pm Cost: \$23pp

Come take a behind the scenes tour of our #1 rated news station where television, radio, newspaper and social media work together as a team to get the news to our viewers and listeners faster than anyone in

Georgia. See WSB TV channel 2, WSB Radio, B 98.5,



97.1 The River & Kiss 104 and the Lottery Studio!

Lunch on your own in **Atlantic Station! Several** spots to choose from!

Call or sign up at the desk!



CLASSES, ACTIVITIES & HAPPENINGS







EXERCISE THE MIND, BODY & SOUL



"Group Fitness Classes"

(Free with membership) Mondays & Thursdays

9:15am Instructor: Staci Dye

10:15am Instructor: Jane Moore



WALKING GROUP Mondays and Wednesdays 10:15 am Come join our walking group "Sole Busters". We will meet and walk the sidewalks of the City Center complex.

Briscoe Park Pool

Opening end of May! Call Park for details at 770-985-3535

"Get Movin' / Line Dancing"

Tuesdays at 9:00 am \$5.00 FIRST CLASS FREE

Come get movin' and groovin'. Staci and Jane will instruct a variety of aerobic type exercise, fitness and dance each Tuesday.

"EXERCISE ROOM TRAINING"

Members must be trained on the equipment prior to utilizing.

Training Class will be at 12:15pm Wednesday, May 15th & Wednesday, June 19th See front desk if you can't make these dates

BILLIARDS / POOL ROOM

All equipment is available for use by Senior Center members. Come and enjoy!





"PILATES/YOGA"

Tuesdays & Fridays 10:00 am First Class Free

Instructor: Staci Dye \$3.00 per class

"Blood Pressure Checks"



Twice per month Mondays at 10AM

Preventive Medicine! Get your blood pressure checked. You never know, it may save your life! Stress can strain your heart! Check the front desk for dates

KEENAGER BOWLING

Monday's at 10am Cost: \$9 Stars and Strikes Bowling Lanes Loganville, GA

Call Joanne Fuller for more information at 770-962-2567



EXPLORE MORE.... FUN EVENTS

Community Yard Sale...Briscoe Park



Sat, Sept 21st (10am-3pm)

(Dates early so you can prepare) Get rid of that old clutter and/or come try to find a hidden treasure!

More Happening at Briscoe Park Tennis Play, Adult Co-Ed Kickball and Adult Softball Leagues!





Call Meghan or Debbie at 770-985-3535 for more detailed information, other park info and building/pavilion rentals! <u>WHAT'S AT</u> <u>"THE TOWNE GREEN"</u> www.snellvilletourism.com Check the above website for details & other cool events!







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| CENTER MEMBERSHIPYESIt's that time to renew your membership!Annual Memberships run January-DecemberAges 55 and up. We take Cash & Checks only.Full Year RatePartial Year Rate | Advisory Board Mtg Tues, May 21st 2pm <u>Travel Club Meeting</u> Mon, May 20th | WEATHER REMINDER We follow Gwinnett County school system for closings due to inclement weather only. However, we have a different schedule for yearly holidays. |
|---|---|--|
| January-DecemberJuly-December\$15City Limit Resident\$9\$25Gwinnett County Resident\$15\$30Non-County Resident\$18 | 11:30am Meeting Reminder! | Important Day/Overnight Trip Information Since our trips fill quickly, we encourage you to get on the Waiting List asap. You will then be called if there is a cancellation. If YOU ever need to cancel, we call the first |
| AARP DRIVING COURSE Wed, May 22nd 9:30am–3:30pm \$15 for AARP Members \$20 for Non-AARP Mem Sign-up or call the center. | Volunteer Training Wednesday, Aug 21st 10:00am Sign up at front desk! Refreshments Served | person on the list so that you can be reimbursed. How- ever, if you cancel and no one's on the list, you're re- sponsible for finding someone to fill your space in order to receive reimbursement. Please know that you are only able to sign yourself up for upcoming trips. The only exceptions are spouses and/or caregivers. <u>Payments due within 3 days of calling or signing up.</u> |

These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

| GROUP | MEETING DAY | <u>TIME</u> | <u>CONTACT</u> | CONTACT # |
|----------------------------|-------------------------|--------------|-----------------|----------------|
| AT&T PIONEERS | 3rd Tuesday | 10:30am | Thomas McDugald | (770) 938-6075 |
| BRIDGE | Thursdays | 12:00-4:00 | Janet Wolcott | (678) 639-1544 |
| CANASTA | Mondays | 12:00-4:00 | Mickey Connerat | (770) 979-0281 |
| COFFEE TALK | Tuesdays at Krystal's | 8:30am | Joanne Fuller | (770) 962-2567 |
| EASTSIDE AUXILLARY | May 17, Sept 13, Dec 13 | 10:00-2:00 | Bill Feris | (770) 985-1613 |
| GOOD FRIENDS (Ladies Only) | Selected Tuesdays | 10:00am-3:30 | Sherry Hall | (678) 546-5424 |
| H2U, HEALTH TO YOU | Oct. 9, Dec.11 | Varies | Ruth Bridges | (770) 921-6941 |
| KEENAGERS - BOWLING | Mondays | 10:00am | Joanne Fuller | (770) 962-2567 |
| ANYTIME STITCHIN' | Wednesdays | 10am-4pm | Nancy Martin | Contact Center |